

B.S. in Tourism, Recreation & Adventure Leadership

Adventure Leadership Education Option | Cascades | 2024-2025

	Fall		Winter		Spring		Summer
First Year	MTH 105: Intro Contemp Math WR 121Z: English Composition TRAL 132: Found Outdoor Profess. TRAL 173: Intermediate Rock Elective Course (PAC 199 Rock Climbing, if needed for TRAL 173)	3 4 3 2 1	COMM 111Z: Public Speaking HHS 231: Lifetime Fitness <i>Writing II Bacc Core</i> <i>Social Processes Bacc Core</i> <i>Physical Science Bacc Core</i>	4 2 3 3 4	TRAL 115: OD Living Skills TRAL 118: OD Living Skills Lab TRAL 110: Intro WW Kayak TRAL 111: Intro Canoe <i>Literature Arts Bacc Core</i> Elective Course	2 1 2 2 4 3	
	Total Credits	13	Total Credits	16	Total Credits	14	
Second Year	TRAL 218: Rock Site Mgmt. TRAL 260: Intermed. Paddle Sport <i>Biological Science Bacc Core</i> <i>Diff, Power, Discrimin Bacc Core</i> Elective Course	2 2 4 3-4 4	TRAL 215: Group Facilitation ST 243Z: Principles of Statistics I <i>Bio/Phys Science Bacc Core</i> Elective Course	4 4 4-5 1	TRAL 280: Outdoor Leadership FES 428: Methods Analyzing Data FES 422: Research Methods <i>Cultural Diversity Bacc Core</i>	3 3 4 3	
	Total Credits	15-16	Total Credits	13-14	Total Credits	13	
Third Year	TRAL 375^: Experiential Education TRAL 353: Nature Eco-Adv Tourism TRAL 357: Parks & Protected Areas Elective Course	4 4 3 4	TRAL 270: Pre-Internship TRAL 370: Design Mgmt OD Exp. TRAL 493: Environ Interpretation <i>FW 350: Endangered Species</i> Elective Course	1 4 4 3 3	TRAL 377: Expeditions I TRAL 379: Expeditions II	5 10	TRAL 410: Internship (6 cr)
	Total Credits	15	Total Credits	15	Total Credits	15	
Fourth Year	TRAL 374: Outdoor & Adventure Ed SUS 350: Sustainable Communities Elective Course Elective Course	3 4 4 4	TRAL 476: Risk Management <i>TRAL 479: Nature @ Human Exp</i> TRAL 30X: Choose a Cert Course Elective Course Elective Course	3 3 2 4 3	Elective Course Elective Course Elective Course Elective Course Addt'l electives to reach 180 cr.	3 3 3 1 3+	
	Total Credits	15	Total Credits	15	Total Credits	13+	

This is a sample schedule intended for informational purposes only. Students should consult with their OSU academic advisor to create a personalized degree plan.
Bacc Core Courses are italicized